

**2012 SE GPAC Winter Invitational
University of West Florida Aquatic Center
Pensacola, Florida
January 13-15, 2012**

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of United States Swimming, the rules of which will apply.

Sanctioned by Southeastern Swimming, Inc

SANCTION # 12SEGPAC1-13

HOSTED BY: Greater Pensacola Aquatic Club, Inc. (850) 484-1312 www.gpacswimteam.org

LOCATION: The University of West Florida Aquatic Center

ADDRESS: 11000 University Parkway, Building 73, Pensacola FL 32514

DIRECTIONS:

From US 90 East or West - Turn North on University Parkway to end of the road and turn left, the UWF Aquatic Center is at top of hill on your right.

From I-10 East or West - Exit at Davis Hwy, go north to University Pkwy and turn left (3rd light from the east; 4th light from the west); take University Parkway North to end of the road and turn left. The UWF Aquatic Center is at top of hill on your right.

PARKING: Parking is available next to the gym (Lot B) and across the street next to the water tower (Lot J). Cars parked in driveways, drop-off circles, on the grass, or adjacent to the buildings near the pool are subject to being towed by the University Police at owner's expense.

FACILITIES: World class indoor 50 meter by 25-yard pool divided into two 8-lane, 25 yard competition courses with a 4 foot minimum depth and non-turbulent lane lines for short course competition. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Two 8-lane courses will be utilized during each session. Both 8-lane courses will have fully automatic electronic timing provided by Colorado Timing System with HYTEK interface. Manual back-up will be used. Separate 8-lane scoreboards with lane/time/place display are available for both courses.

The Meet Director and Referee reserve the right to alter the course if deemed necessary.

RULES: Current USA Swimming rules will govern the conduct of the meet unless otherwise noted herein.

OFFICIALS: Meet Director: Vic Bindi

gpac_meet_director@yahoo.com

Head Referee: Dave Smith

Meet Marshal: Vic Bindi

Head Starter: Lisa Flowers

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without 2011 registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's age on the first day of the meet will determine his or her age for the entire meet.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Two (2) 45 minute warm up sessions (A and B) will be conducted on Friday PM, Saturday AM, and Sunday AM. Warm up sessions may be altered in order to provide sufficient warm up for all swimmers.

<u>Starting Times:</u>	<u>Warm-up</u>	<u>Competition</u>
Friday PM:	(A) 4:00 PM, (B) 4:45 PM	5:45 PM
Saturday AM:	(A) 7:15 AM, (B) 8:00 AM	9:00 AM
Sunday AM:	(A) 7:15 AM, (B) 8:00 AM	9:00 AM

Continuous warm-up/warm-down is available in two lanes between the shallow and deep end courses, with entrance and exit restricted to the east side of the pool (the side opposite the starting blocks).

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRIES: Teams who have HYTEK's Meet/Team Manager should submit their entries via e-mail. Entry forms must be completely filled out including the swimmers' best times for yards. Please provide a written copy of entries with the event numbers and event description in published event order for verification purposes. Teams without "Team Manager" are encouraged to use Hytek's Team Manager Lite which is available free for download direct from Hytek via the following website:

<http://www.hy-tekltd.com/downloads.html>

Otherwise, teams without "Team Manager" or other suitable Hytek product must use the enclosed entry forms and are subject to a **\$30.00 surcharge** for requiring manual entry processing. Entries are to be listed in short course yards or "NT".

All teams are asked to completely fill out the enclosed Team Information Form, including the names and contact numbers for all registered officials affiliated with the team that are willing to serve as a meet official during the weekend. If possible, teams submitting their entries via email are asked to send their completed forms either by fax or as scanned documents attached to email. If these delivery methods are not available, the completed forms should be submitted by physical mail for prompt delivery.

DISABILITIES: Swimmers with disabilities are welcome and highly encouraged. Coaches with disabled swimmers are requested to complete the attached Information Form for Disabled Swimmers and return it with the entries in order to efficiently make swimmer accommodations prior to the start of the meet.

TIME TRIALS: Requests for time trials will be accepted by the Clerk of the Course. Payment for any requested time trial must accompany the request. Requested Time Trials for swimmers not already entered in the meet must be accompanied by proof of current USA Swimming registration. Swimmers not already entered into the meet must submit facility fees, SES surcharges and any other meet related fees with their request. **The deadline for submitting Time Trial requests will be two hours following the start of competition.** The actual scheduling of the time trials will depend on the number of requests, but they will likely be scheduled for the end of the day after all competition is complete.

DEADLINE: Entry files and entry reports or manual entry forms and entry fees including surcharges must be received by the Meet Entries Chair on or before 11:59 PM Central Time on Wednesday, January 4, 2012. **Late entries** will be accepted for available lanes only until 5:00 PM Central Time on Friday, January 6, 2012. No new heats will be formed.

Completed entries should be submitted by e-mail, fax, overnight delivery or U.S. mail to:

Rocky Parra, GPAC Meet Entries Chair
4575 Francisco Road
Pensacola, FL 32504
Telephone: 850/469-1701 Fax: 850/432-9985
gpac.meet.entries@gmail.com
(please include the words "Meet Entry Info" in the subject line of all e-mail)

If entries are e-mailed, a hard copy (including all information and release forms) and payment of all entry fees must follow by mail or express delivery service (FedEx, etc.) and be postmarked or submitted to the express delivery service no later than on Saturday, January 7, 2012.

E-mailed entries will not be considered complete for processing until the GPAC Meet Entries Chair has received written entry forms, written copy of all entries for verification purposes, release/recap sheet and entry fees including surcharges. Email confirmations will be sent out as entries are received. Please contact the GPAC Meet Director or Meet Entries Chair if a confirmation of your team's entries is not received within 24 hours of submission.

In the event that it becomes necessary to limit swimmers, priority will be given to teams in the order their entries are received.

FEES: Please make checks payable to: Greater Pensacola Aquatic Club. **All entry fees are nonrefundable.**

Individual:	\$5.00 per event	(\$8.00 late entry)
Relay:	\$11.00	(\$14.00 late entry)
SES surcharge:	\$3.00	(\$5.00 non-SES registered swimmers)
Facility surcharge:	\$5.00	
Time Trials:	\$10.00 per individual event	

ENTRY ERRORS: If due to GPAC's error, the swimmer will be deck entered into an open lane of the heat nearest his/her entry time or in a new heat. The entire event WILL NOT be re-seeded

LIMITS: Swimmers are limited to 3 individual events on Friday. On Saturday and Sunday swimmers are limited to five individual events per day, inclusive of time trials. All swimmers are limited to two relays for the meet. The host team reserves the right to limit the number of heats in deck-seeded events in order to run the meet in the allotted time.

MEET FORMAT: This is a timed finals meet. Over the top starts will be utilized as practical. All events will be pre-seeded except the events that are 400 yards and longer, which will be deck-seeded. Swimmers must sign-in with the Clerk of Course for all deck-seeded events. All deck seeded events will be swum fastest to slowest alternating girls and boys. Swimmers will be required to provide their own timers and counters for the deck-seeded events.

If it is necessary to limit the total number of heats for the 13 & older 400 IM and 500 Free events, they will be limited to the four fastest heats of each, girls and boys.

If it is necessary to limit the total number of heats for the 13 & older 1650 Free events, they will be limited to the three fastest heats of each, girls and boys.

The 9-10/11-12 500 Free will be swum together, but scored separately as 9-10 and 11-12. If it becomes necessary to limit the total number of heats for these events, they will likely be limited to the three fastest heats of each, girls and boys.

All 10 & Under individual events will be scored separately as 8 & Under and 9-10.

All 13 & Older individual events will be scored separately as 13-14 and seniors.

Swimmers must be at least 13 years old to enter "Senior Open" events.

SCRATCHES: All scratches should be submitted to the Clerk of Course as soon as possible to identify open lanes for potential deck entries. The sign-in deadline for deck-seeded events is no later than 30 minutes prior to the scheduled start of each session. If the swimmer is not signed in by that time the swimmer will be scratched from the event. Only the swimmer or his/her coach may sign in for deck-seeded events.

Any swimmer entered in an individual event that is seeded at the meet, and who has been signed in for the event, must swim the event unless he/she notifies the Clerk of Course before the seeding for that event has begun. Failure to swim the event will result in the swimmer being barred from the next individual event in which he/she is entered, whether it is that day or the next day.

SCORING: Points for first through eighth places in individual events will be awarded as follows: 9-7-6-5-4-3-2-1.

AWARDS: Ribbons will be awarded for first through eighth place in all individual events, and first through fourth places in relay events. There will be high point awards given for each gender in each age group. There will be team awards for first, second, and third places.

SAFETY: In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool rules and conduct themselves in a safe manner. Nobody will be allowed to climb on the diving boards for any reason. All swimmers and coaches are asked to remain on the pool deck and not climb the stairs to the skybox. Any questions or concerns should be reported to the Meet Director through the office of the Clerk of Course which is located at deck level between the locker rooms. **ONLY MEET WORKERS, COACHES, OFFICIALS AND SWIMMERS WILL BE ALLOWED ON THE POOL DECK AREA BEHIND THE STARTING BLOCKS.** Coaches are asked to help control the crowded pool deck by asking the parents of their swimmers to stay away from the starting block area of the pool. Swimmers are to be encouraged by their coaches and parents to remain in the spectator area until their events.

The UWF aquatic facility has strict rules prohibiting swimming while thunder and lightning storms are in the vicinity and these rules will be followed at all times. If a lightning strike is recorded within 5 nm of UWF Aquatic Facility, swimming will be halted and will not resume until a 15 minute period absent of local lightning strikes has expired.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

SPECTATORS: The UWF Aquatic Center has bleacher seating – personal chairs are not allowed in the Aquatic Center. Seating by spectators or athletes is not allowed on the deck directly in front of the bleachers. Tents, tarps, and chairs are welcome in the paved courtyard areas outside the pool provided they do not impede access to the entrances to university facilities and handicapped access ramps. Spectators are prohibited in the area behind the starting blocks and may be prohibited in other designated areas. Spectators must comply with all signs or verbal directions from university and meet officials limiting or restricting the use of certain areas for seating.

CONCESSIONS AND SALES: A concession stand operated by UWF's food services will be available on Saturday and Sunday. Heat sheets and t-shirts will be on sale at near the east entrance to the aquatic center.

COACHES: Before picking up the team's packet, coaches are asked to ensure that the Clerk of the Course has a completed Team Information sheet with the lead deck coach's cell phone number listed. A coaches' meeting will be held at 10 minutes prior to the start of competition in the hospitality area. No swimmers will be allowed in the pool during this time.

Coaches that have swimmers participating in a session where they will not be present must complete a Swimmer Assignment form in advance of the session and send it to the Meet Referee and GPAC Meet Director by email. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

OFFICIALS: Certified officials who are members of USA Swimming and are available to work the meet are asked to notify the Meet Referee by email. Please specify which day(s) and session(s) you can help. This information should be sent via email to:

Dave Smith – dave_smith-ses@cox.net or Lisa Flowers – lisaflowers_kw@msm.com

Teams are asked to also include the names of these officials in the appropriate section of the Team Information page to be returned with entries.

HOSPITALITY: There will be a hospitality area available for coaches, meet workers and officials only.

RECYCLING: GPAC is supporting the SES recycling initiative (pilot program for USA Swimming) at its home meets. Please look for additional information about this initiative posted at the swimming venue and assist GPAC with this initiative.

MEET EVALUATIONS:

Please send any comments, suggestions, or evaluations concerning the meet to:

Matt Webber
P.O. Box 1102
Huntsville, AL 35807

The following forms are attached after the order of events as an integral part of this meet invitation and are required for entry processing:

SES 2011-12 Waiver, Acknowledgment and Liability Release Form
Team Information Form and Summary of Fees
SES Consolidated Entry Form (duplicate as needed)
SES Information Form for Disabled Swimmers (duplicate as needed)

2012 WINTER INVITATIONAL

ORDER OF EVENTS*

Friday Evening, January 13, 2012

Warm-up 4:00 PM ~ Competition 5:45 PM

Shallow End Session		
Girls Event #'s	Event	Boys Event #'s
1	8 & Under 100 Free	2
3	9-10 50 Free	4
5	11-12 50 Free	6
7	9-10 200 IM	8
9	11-12 200 IM	10
11	9-10/11-12 500 Free	12

Deep End Session		
Girls Event #'s	Event	Boys Event #'s
13	13-14 50 Free	14
15	Senior 50 Free	16
17	13-14 200 IM	18
19	Senior 200 IM	20
10 Minute Break		
21	13 & Over 1650 Free	22

Saturday Morning, January 14, 2012

Warm-up 7:15 AM ~ Competition 9:00 AM

Shallow End Session A		
Girls Event #'s	Event	Boys Event #'s
23	8 & U 100 Free Relay	24
25	10 & U 200 Free Relay	26
27	11-12 200 Free Relay	28

Deep End Session A		
Girls Event #'s	Event	Boys Event #'s
51	13-14 200 Free Relay	52
53	Senior 200 Free Relay	54

Shallow End Session B		
Girls Event #'s	Event	Boys Event #'s
29	9-10 100 Back	30
31	11-12 100 Back	32
33	8 & Under 25 Back	34
35	10 & Under 50 Breast	36
37	11-12 50 Breast	38
39	8 & Under 25 Fly	40
41	9-10 100 Fly	42
43	11-12 100 Fly	44
45	8 & Under 100 IM	46
47	9-10 100 IM	48
49	11-12 100 IM	50

Deep End Session B		
Girls Event #'s	Event	Boys Event #'s
55	13-14 200 Back	56
57	Senior 200 Back	58
59	13-14 100 Breast	60
61	Senior 100 Breast	62
63	13-14 100 IM	64
65	Senior 100 IM	66
67	13-14 200 Fly	68
69	Senior 200 Fly	70
71	13-14 100 Free	72
73	Senior 100 Free	74
75	13-14 50 Fly	76
77	Senior 50 Fly	78
10 Minute Break		
79	13 & Over 500 Free	80

The "B" Sessions will begin 10 minutes after the conclusion of "A" Sessions.

2012 WINTER INVITATIONAL

ORDER OF EVENTS* (continued)

Sunday Morning, January 15, 2012

Warm-up 7:15 AM ~ Competition 9:00 AM

Shallow End Session A		
Girls Event #'s	Event	Boys Event #'s
81	8 & U 100 Medley Relay	82
83	10 & U 200 Medley Relay	84
85	11-12 200 Medley Relay	86

Deep End Session A		
Girls Event #'s	Event	Boys Event #'s
113	13-14 200 Medley Relay	114
115	Senior 200 Medley Relay	116

Shallow End Session B		
Girls Event #'s	Event	Boys Event #'s
87	9-10 100 Free	88
89	11-12 100 Free	90
91	8 & Under 25 Free	92
93	10 & Under 50 Back	94
95	11-12 50 Back	96
97	8 & Under 25 Breast	98
99	9-10 100 Breast	100
101	11-12 100 Breast	102
103	8 & Under 50 Free	104
105	10 & Under 50 Fly	106
107	11-12 50 Fly	108
109	9-10 200 Free	110
111	11-12 200 Free	112

Deep End Session B		
Girls Event #'s	Event	Boys Event #'s
117	13-14 50 Breast	118
119	Senior 50 Breast	120
121	13-14 200 Free	122
123	Senior 200 Free	124
125	13-14 100 Back	126
127	Senior 100 Back	128
129	13-14 200 Breast	130
131	Senior 200 Breast	132
133	13-14 100 Fly	134
135	Senior 100 Fly	136
137	13-14 50 Back	138
139	Senior 50 Back	140
10 Minute Break		
141	13 & Over 400 IM	142

The "B" Sessions will begin 10 minutes after the conclusion of "A" Sessions.

*The Meet Director and Referee reserve the right to adjust the event order and/or course designations for specific age groups and/or genders (ie. moving the 11-12 boys or the 11-12 girls to the deep end of the pool), combine sessions, separate the meet into two (2) session and/or adjust warm-up schedules and/or competition start times if the number of entries warrants in order to run the meet more efficiently.

2011-12 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Greater Pensacola Aquatic Club, Inc., The Club, A Family Sports Complex, the University of West Florida, Pensacola State College, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

TEAM INFORMATION

CLUB NAME:		INITIALS:	
ADDRESS:			
LSC:		HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:	
FAX NUMBER:		CELL PHONE:	EMAIL:
COACHES ATTENDING:	NAME		COACHES CARD EXPIRATION DATE
	1.		
	2.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:		ATTACHED:	
		UNATTACHED:	
		TOTAL:	

SUMMARY OF FEES

SES TEAMS NUMBER OF SWIMMERS:		X \$3.00 SES SURCHARGE	=	
NON-SES TEAMS NUMBER OF SWIMMERS:		X \$5.00 SES SURCHARGE	=	
NUMBER OF SWIMMERS:		X \$5.00 FACILITY SURCHARGE	=	
NUMBER OF IND. EVENTS:		X \$5.00 PER EVENT ENTRY FEE	=	
TOTAL DUE:				

CONSOLIDATED ENTRY FORM -- Times should be in LONG COURSE METERS

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

SOUTHEASTERN LSC INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____ Age and Birth date:

_____ Events to be swum: _____ / _____ / _____ / _____ /

_____ / _____ / _____ / _____ / _____ / _____ / _____ / _____ /

Type of Disability Blind ___ Cognitive/Intellectual ___ Deaf ___ Physical ___ Other ___

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director Email: gpac_meet_director@yahoo.com

Meet Referee Email:

Disability Chair Email: walleybob@hotmail.com

Walter Smalley 901-486-1782

2012 SE GPAC Winter Invitational
Jan 13-15, 2012 UWF Aquatic Center ~ Pensacola, FL
Time Trial Sanction No.

Time Trial Request

Time Trials to meet SES, Sectional or National qualifying times for swimmers otherwise meeting the eligibility criteria for any short course event listed below may be held upon reasonable request at the sole discretion of the Meet Referee and Meet Director. Such swims when combined with the swimmer's entered events must fall within daily individual entry limits otherwise applicable and will be held, if time permits, after the final competition session each day. Swimmers requesting time trials must supply their own lane timers. Entry fees for each time trial swim will be \$10.00 per individual event (plus applicable SES surcharge and facility fee for swimmers not otherwise entered in the meet) due at the time the request for time trial is submitted.

Swimmers must sign up for time trials at the Clerk of Course by submitting a copy of this form with the applicable fees. The deadline for submitting Time Trial requests will be two hours following the start of competition.

The time trial order of events will generally be as follows: current day's events, previous day's events and future day's events. Any 50 meter events will always swim last each day. Different strokes of the same distance may be combined and swum at the same time in order to consolidate heats.

Team Name: _____ Team Abbreviation: _____

Swimmer's Name: _____ USA Swimming ID #: _____

Gender: M / F
Circle One

Event Description (Stroke & Distance: _____ Seed Time: _____

Coach/Swimmer Signature: _____

Friday

200 Breast
200 Freestyle
200 Butterfly
200 IM
100 Breast
100 Butterfly
100 Backstroke
100 Freestyle
50 Backstroke
50 Freestyle
50 Butterfly
50 Breaststroke

Saturday

200 Breast
200 Freestyle
200 Butterfly
200 IM
100 Breast
100 Butterfly
100 Backstroke
100 Freestyle
50 Backstroke
50 Freestyle
50 Butterfly
50 Breaststroke

Sunday

200 Breast
200 Freestyle
200 Butterfly
200 IM
100 Breast
100 Butterfly
100 Backstroke
100 Freestyle
50 Backstroke
50 Freestyle
50 Butterfly
50 Breaststroke

PAID _____
Clerk of Course INITIALS

UNACCOMPANIED SWIMMER COACHING ASSIGNMENT FORM

Name of Meet: _____

Date(s): _____

The following swimmers from _____ (swimmer's team) will not be accompanied by a team coach and therefore I request that the Meet Referee/Meet Director assign them to a coach for all purposes during the meet sessions on the dates noted above. Each of the swimmers listed below are certified as proficient in performing a racing start unless specifically noted otherwise (non-certified swimmers must start each race from within the water).

Coach's Signature

Date

Swimmer Name(s):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

I agree to act as coach for the above named swimmer(s) during the pre-meet practice, warm-up and the competition.

Assigned Coach's Signature

Date

Assigned Coach's Team Name